



Arms Opened Wide

by Crystal Knapp

- Do you love art? If so, which types of art have been meaningful to you?
- What do you think about using art to describe your feelings about Jesus? Think you will try it?
- Have you ever imagined Jesus' arm wide open to you?

Bonus Questions:

- Are there things from your past that keep coming up to your mind and heart?
- Are you willing to give them to Jesus?
- What does Jesus removing your sins as far as the east is from the west mean to you? How does it feel to think about that?

Reach UP to God:

- Take a moment to pray about what keeps coming up in your past to take you off track. Could you share it with a safe friend who could keep you on track?
- Take some time to take your burdens and heavy feelings to Jesus. He hears your cries and forgives over and over again. He loves you bigger than you can imagine those arms to be.
- Take this magazine cover and put it somewhere you will see when you need it. May it be a reminder of Jesus's loving arms AND how far the east is from the west.