



“My Transformation: How I Let My True Self Shine Through”

by Ebony Taylor

- Ebony’s first statement was, “Addictions of all kinds plagued my family from generation to generation.” Why do you think she used the word “plagued”?
- Did your home environment have a huge effect on your childhood years and teen years? How so?
- Ebony said God set her free from that addiction to marijuana, which was a “stronghold” in her life. What is a “stronghold”?

Bonus Questions:

- Do you have any “strongholds” in your life that you would like to be set free from?
- How did Ebony let her true self shine through?

Reach UP to God:

Scriptures

JEREMIAH 29:11 For I know the plans I have for you,” declares the LORD, “plans to prosper you and not to harm you, plans to give you hope and a future.”

Prayer

Father God, I confess I am a sinner who is addicted to _____. I confess that _____ has control over my decisions and my life. I repent for going against Your will for my life and taking on a lifestyle of sin. I declare Your word that Jesus came to give me life filled with abundance. Therefore, I cancel the assignment of addiction over my life. I praise Your holy and righteous name for setting me free from the control of addiction. Thank You, God. In Jesus’ name I pray. Amen.