



## **Vision Boards: Looking Back to Look Forward**

By Jenn Coolidge

- Have you thought about creating a vision board to tell your story?
- What are five key elements that represent important moments of your life?
- What time period of your life would you rather not think about?

### Bonus Questions:

- What time period of your life would you rather not think about?
- How did you overcome that part of your life?
- What symbol can you use on your vision board to remind you that you're an overcomer?

### Reach UP to God:

- Read Jeremiah 29:11. God says He has a purpose for your life.
- Pray to God and ask him to give you a vision for your future.
- Ask God what plans he has for you.