



The Self-Help Habit That has HUGE Benefits

by Mark A. with Crystal Knapp

- When was the last time you read a whole book?
- What kind of books are you interested in reading?
- Which day is the best for you to set aside time to read book?

Bonus Questions:

- At this moment in your life what is most troubling you?
- Which one of the six reasons would best fit your purpose for reading a book?

Reach UP to God:

- Now give that struggle to God by saying, Lord you said in your word (1 Peter 5:7) to cast all of my cares on you. So right now, I cast the care of ____ on you. Show me Lord what book I need to read to help me with this care.
- Here are some books that will encourage you in your faith:
The Hiding Place by Corrie ten Boon
A Lineage of Grace by Francine Rivers
Redeeming Love by Francine Rivers
The Cross and the Switchblade by David Wilkerson