



Woman 2 Woman: Why I Jumped at the Chance to Tell My Story

by Jenn Coolidge

- Think of the most embarrassing moment in your life where you felt ashamed and guilty for what was done and said. How were you able to get over that situation?
- Now think about other women that may be experiencing something similar to what you experienced. What part of your story would help those other women?
- What could be some benefits from telling your story?

Bonus Question:

- Who would benefit from hearing your story?

Reach UP to God:

The most powerful benefit of telling your story is described in Revelation 12:11. The Bible says that 'we overcome by the blood of the lamb and by the word of our testimony.' Therefore, telling your story about how you made it out will set you and others free from the bondage and torment of their past. Pray that God helps you to have courage to tell your story.

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