



My Merry-Go-Round Masquerade Party

by Babs Kincaid

- Do you like dress up parties and costumes?
- Do you do what Babs did with masks?
- Which one really felt like something you currently do to cover up the pain of the past?

Bonus Questions

- Could you relate to each of the masks?
- What did you think about “I’m FINE”? Have you ever said you were fine when you really weren’t inside your heart?
- Would you like to take off the mask and be real? What is stopping you?

Reach UP to God

The verse about the Truth setting you free is an amazing one. Do you believe it? Ask God to give you courage to believe it. Talk to Him about your masks. Tell one safe person about a mask you wear. Be brave and ask about recovery groups near you.