



“My Transformation: How I Let My True Self Shine Through”

by Ebony Taylor

- Ebony’s first statement was, “Addictions of all kinds plagued my family from generation to generation.” Why do you think she used the word “plagued”?
- Did your home environment have a huge effect on your childhood years and teen years? How so?
- Despite Ebony smoking marijuana daily, and becoming a “pot head,” she ultimately felt something was missing in her life. She felt a void, an emptiness in her life. She wanted more...she wanted to be connected to God. She was prayed for by the preacher, and God set her free from that addiction to marijuana, which was a “stronghold” in her life. What is a “stronghold”?

Bonus Questions

- Do you have any “strongholds” in your life that you would like to be set free from?
- How did Ebony let her true self shine through?

Reach Up to God

Scriptures

JEREMIAH 29:11 For I know the plans I have for you,” declares the LORD, “plans to prosper you and not to harm you, plans to give you hope and a future.”

Prayer

Father God, I confess that I am a sinner who is addicted to _____. I confess that _____ has control over my decisions and my life. I repent for going against your will for my life and taking on a lifestyle of sin. I declare your word that Jesus came to give me a life filled with abundance. Therefore, I cancel the assignment of addiction over my life. I praise your holy and righteous name for setting me free from the control of addiction. Thank You, God. In Jesus name I pray. Amen.

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