



“Which Brain Do You Want?”

by Dr. Dan Amen

- What do you know about cannabis/marijuana?
- Do you think because something is “Legal” that it must not be harmful? Explain your response.
- The Article states that daily pot users were three times more likely to experience a psychotic episode than people who had never tried cannabis. The Article also says much research shows that cannabis harms the teenage brain. Have you ever seen a person who was experiencing a psychotic episode/reaction? What was your reaction to seeing this?

Bonus Questions

- At what age do you believe parents should begin educating their children about the harmful effects of marijuana on the brain?
- “A better brain brings a better life,” meaning we all need to take care of our brain with healthy habits. If you felt inspired to take care of your own brain, talk about your goal to make it better.

Reach UP to God

What is God saying to you through each of these Bible verses?

Proverbs 14:1 “A Wise woman builds(nourishes) her home/family”

James 1:5 “If anyone of you lacks Wisdom, you should ask God, who gives generously...”

Proverbs 13:1 “A Wise son accepts a parent’s discipline/instruction.”

Proverbs 3:13 “Blessed are those who find Wisdom, who gain understanding.”

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